

Parent University HOLIDAY Edition

A supportive and caring resource as you work in one of life's most important and demanding role...PARENT.

Mark your Calendars

THANKSGIVING VACATION NOV. 24-26

WINTER VACATION DEC. 20-30

Brrrr...

It's getting cold outside! It's important kids come to school with appropriate warm clothing. Contact your child's school if we can help.

Winter coats available.

Supported by Knights of Columbus.

Hats, scarves, and gloves

Made with love by Project Warm-up

Shoes, winter boots, and warm socks

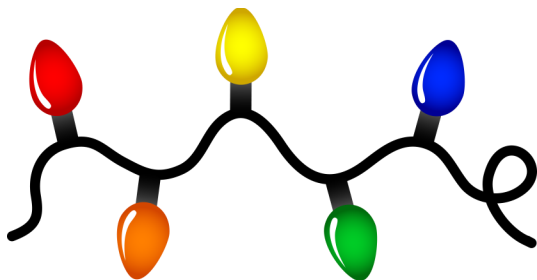
Supported by LC CREW

For Happier Holidays - Practice Gratitude

The holidays are a time when gratitude is front and center. Expressing gratitude helps kids and adults be resilient through tough times.

Some ideas:

1. **Start a gratitude journal.** From now until Thanksgiving, have your child write a sentence or draw a picture of something they're grateful for each day.
2. **Make a gratitude chain.** Set up a station with precut construction paper, markers, and tape or glue in a high-traffic spot in your home. Ask family members to pause every time they walk by to jot down something they're grateful for – then fasten it as a link on the chain.
3. **Write or draw Thanksgiving cards.** If your child is sad about not getting to see a family member or friend this holiday season, channeling it into writing or art can be soothing for them – and a sweet surprise for the recipient.
4. **Make "thanks" calls.** Sit down with your child and make a list of people who've done something nice for them lately. Then on Thanksgiving, have your child call and say thanks.
5. **Send virtual care packages.** Social distancing and self-quarantining means you can't get together to hug in person, but your child can send the next best thing: a bunch of photos and silly video clips that will spark a smile.
6. **Decorate the front yard with thank-you signs.** Lots of people deserve a special thank-you.



Elementary School Weekend Food Back Pack Program: If interested or want to know more, contact your child's school

Available Resources:

COMMUNITY ACTION PARTNERSHIP - ENERGY ASSISTANCE PROGRAM

Starts November 1st

Call 208-746-3351 if you need help with utilities including water.

Or visit their on-line client portal and website:

<https://www.cap4action.org/energy/ea>

PURPOSITY

Parents, have you heard about PURPOSITY?

PURPOSITY is an app that you can download on your phone and gives you the opportunity to help a student in our community. It's easy, fast, and a great way anybody can help meet a specific need for a student in our community.

Download the app, enter the zip code 83501 and/or 99403 for follow Lewiston and/or Clarkston. When schools post specific needs of students, you'll receive a notification and have the opportunity to meet that need.

This holiday season, the best gift you can give your child is a good education.

And the best place to get that education is in school.

Our teachers will be teaching, and our students will be learning but it's harder to teach and it's harder to learn when too many students are absent.

So give your child the gift of attendance and help build a habit of attendance.

Every Student. On Time. Every Day.

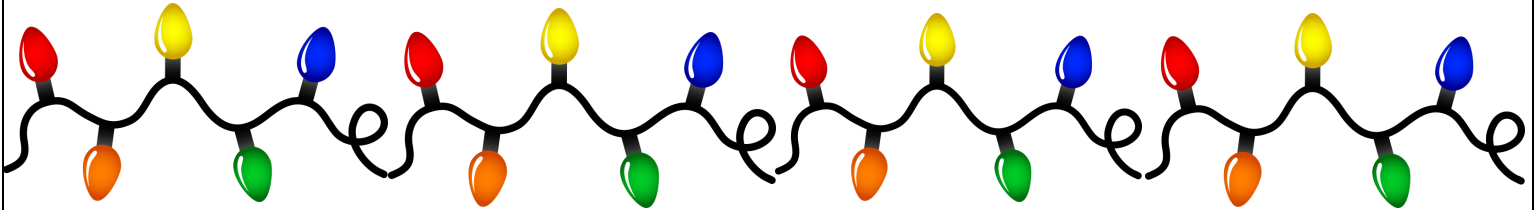
HOLIDAY Resources

Salvation Army Angel Tree Christmas Assistance Program

The Salvation Army Angel Tree program helps provide Christmas gifts for children each year. Once a child or senior adult has been registered and accepted as an **Angel**, their Christmas wish list is shared with donors in our community who purchase gifts.

Requirements may include, but are not limited to: photo ID, proof of residence (lease, utility bill or mail received from the school district or other government agency). Examples of documents needed for each child may include but are not limited to: birth certificate, official custody or guardianship papers, clothing and shoe sizes, and a toy wish for each child. No private information about you or your Angel is shared with the public. Donors will only be given a first name and Christmas wish list for each Angel.

Accepting applications NOW. *Don't wait to sign up!*** Call 208-746-9653 between 1-4 pm, Mon. thru Fri.
OR Visit their website to apply <https://saangeltree.org/>**



CHRISTMAS CONNECTION TOYS FOR TOTS

APPLICATION DATES: November 22 through December 10, 2021

TIME: 9:00 a.m. to 12:30 p.m., Monday through Friday (Excluding Thanksgiving)

LOCATION: St. Vincent de Paul Thrift Store 604 2nd Street in Clarkston

REQUIREMENTS: Must register in person (cannot call or have another person register for you).

Bring identification in form of driver's license, State I.D. card or Social Security Card for all in the home

Must bring proof of residency such as a utility bill or phone bill.

If disabled or homebound, contact Sharon at 509-758-7061

COVID REQUIREMENTS: SOCIAL DISTANCING, MASKS REQUIRED, ONE ADULT PER FAMILY, ADULTS ONLY IN THE SIGN UP AREA (PLEASE LEAVE CHILDREN AT HOME).

DISTRIBUTION DAY: RAFFLE PRIZES GIVEN OUT THAT DAY (*MUST BE REGISTERED*)

DECEMBER 18 SATURDAY 9:00AM-4:00 PM

Nez Perce Co. Fair Building 1229 Burrell Ave.

Identification is required.

Not able to pick up any other time unless prior arrangements are made. Each child 15 and under will receive new toys.

Donations mailed to: Christmas Connection c/o St. Vincent de Paul

604 2nd Street Clarkston WA 99403

Holiday Concerts

All the following concerts begin at 6:30 pm at Lewiston High School

McGhee Elementary Nov. 30

Whitman Elementary Dec. 1

Camelot Elementary Dec. 2

McSorley Elementary Dec. 6



Webster Elementary Dec. 7

Orchards Elementary Dec. 8

Centennial Elementary Dec. 9

We believe in the potential of all students and strive to empower them and their families for success .